# Deer Creek Bulletin

November 17, 2023

#### Translating the Deer Creek Bulletin - Traduciendo el Boletin Deer Creek

When you open the weekly bulletin email, click on the bulletin. It will open in a new page. At the top right side there is a button that says "translate." You can choose whichever language you prefer and it will translate the weekly bulletin for you.

Cuando abra el correo electrónico del boletín semanal, haga clic en el boletín. Se abrirá en una nueva página. En la parte superior derecha hay un botón que dice "traducir". Puede elegir el idioma que prefiera y le traducirá el boletín semanal.

# **Upcoming Events**

11/13-12/11: PSO Gift Card Drive

Tuesday, 11/21: 3rd Grade Field Trip, 8:30-1:30 Tuesday, 11/21: Chess Wizards, 2:30-3:30

Wednesday, 11/22 - Friday, 11/24: NO SCHOOL - THANKSGIVING

**BREAK** 

Monday, 11/27 - Friday, 12/1: Scholastic Book Fair

Tuesday, 11/28: Chess Wizards, 2:30-3:30 Thursday, 11/30: Guitar Lessons, 2:30-3:30

Friday, 12/1: Spirit Day, PJ Day

Wednesday, 12/6: 1st Grade Music Performance, 5:30-6:30 Thursday, 12/7: 1st Grade Music Performance, 5:30-6:30

Thursday, 12/7: Picture Retake Day

Thursday, 12/7: Guitar Lessons, 2:30-3:30

Tuesday, 12/12: PSO Meeting in the cafeteria, 9:00am

Tuesday, 12/12: Mr. Vaternick's 5th Grade Play, 6:30-7:30pm

Thursday, 12/14: Guitar Lessons, 2:30-3:30 Friday, 12/15: Classroom Winter Parties

Monday, 12/18 - Monday, 1/1: NO SCHOOL - WINTER BREAK

Tuesday, 1/2: 1st day back after break



# **School Information**

#### Reporting an absence

To report your student's absence please call our attendance line, **503-431-4470**, or send an email to <a href="mailto:deercreekparent@ttsd.k12.or.us">deercreekparent@ttsd.k12.or.us</a>.

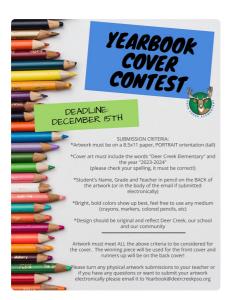
#### **Thanksgiving Break**

There is no school Wednesday, 11/22, through Friday, 11/24, for Thanksgiving Break. Have a wonderful and relaxing break!



#### **Yearbook Cover Contest**

See the information below if you would like to submit artwork for the yearbook cover contest. All entries are due December 15th.





**Yearbook Cover Contest** 

Concurso Para La Portada Del Anuario

#### **Academic Feedback Forms**

Academic Feedback forms were sent home with students on Thursday, 11/16. Please make sure that you check your child's backpack.

#### **Upcoming Student School Survey**

November 27-December 1, Deer Creek School students in 3rd, 4th, and 5th grades will participate in the PBIS School Climate Survey during morning meetings.

The School Climate Survey is an anonymous survey used to identify school climate issues within our school. There are 11 questions about students' experiences at school, and they should take 10 minutes to complete. Students are also asked for demographic information about how they identify. Click here to view a copy of the questions: Climate Survey Questions (Elementary). The data collected from this survey will be used to understand student perceptions of school climate issues within our school and how student identity may affect their school experiences. School staff uses the results to inform our efforts at improving our school climate.

Results are anonymous, but families are given the option for their students to opt out of taking the survey. If you would like to opt-out your student, please contact Associate Principal, Dina Christophersen. Although we hope everyone can take the survey, we recognize some families may not want their students to participate.

Thank you!

#### **Student Safety**

Student safety is one of our top priorities at Deer Creek. As we know, the traffic during morning drop-off and afternoon dismissal can be pretty hectic. With that said, please do not unload or load your child(ren) into a car on 131st Ave. Please choose to use the pull through pick up line in our parking lot, park in the lot, or park in the neighborhood and retrieve your child(ren) there. Thank you for your understanding.

#### **Parent Pax Tools Class**

We would like to invite families to attend a 90-minute PAX Tools training on Thursday, November 30th from 5:30-7:30.

The training will be offered in English and Spanish and support parents with simple PAX strategies (reinforced in the classroom) that promote peace, productivity, and health in the home.

Childcare and dinner will be provided.

The training will be held at: TTSD Training Center 9550 SW Murdock St. Tigard, Oregon 97224



#### "Brain Based Parenting" with Dr. Collier

Parents and caregivers are invited to attend the second in a series of "Brain Based Parenting" with Dr. Collier. Dr. Collier is a subject expert on strategies to prevent high-risk behaviors from happening.

- This hybrid session will offer an in-depth dive into three categories you will select when you register.
- Please <u>register</u> by December 1st if you would like your selections to be counted.
- Registration is NOT required but encouraged, especially for those attending in person.
- For questions, please reach out to Tualatin Together at <a href="mailto:info@tualatintogether.org">info@tualatintogether.org</a>.
- See the flyers for more information and to learn more about Dr. Collier, visit www.knowyourneuro.com

#### "Crianza basada en el cerebro" con la dra. Collier

Los padres y cuidadores están invitados a asistir al segundo de una serie de "Crianza de padres basada en el cerebro" con la Dra. Collier. La Dra. Collier es un experto en estrategias para prevenir conductas de alto riesgo.

- Esta sesión híbrida ofrecerá una inmersión profunda en tres categorías que seleccionará cuando se registre.
- <u>Regístrese</u> antes del 1 de diciembre si desea que se cuenten sus selecciones.
- NO es necesario registrarse, pero se recomienda especialmente para quienes asisten en persona.
- Si tiene preguntas, comuníquese con Tualatin Together en <a href="mailto:info@tualatintogether.org">info@tualatintogether.org</a>.
- Consulte los folletos para obtener más información y para conocer más sobre la Dra. Collier, visite el sitio web <u>www.knowyourneuro.com</u>

# TTSD Partnership with LifeStance Health

TTSD and LifeStance Health have partnered to improve student access to mental health services. The LifeStance Health School-Based Program is dedicated to providing quality therapeutic services to schools while removing barriers for students and families by placing therapists in district buildings. School-Based







Therapists treat mental health conditions which can include depression, anxiety, PTSD, ADHD, or substance use issues.

Services are billed through OHP and most insurance plans.

LifeStance Health serves all TTSD students K-12 out of two locations:

- 1. Tigard High School
- 2. Byrom Elementary/Tualatin High School

For more information, contact your student's school counselor, visit the <u>LifeStance School-Based</u> webpage and fill out the referral form, or call LifeStance at 971-808-3643.

#### Asociación entre TTSD y LifeStance Health

TTSD y LifeStance Health se han asociado para mejorar el acceso de los estudiantes a los servicios de salud mental. El programa escolar LifeStance Health se dedica a brindar servicios terapéuticos de calidad a las escuelas y, al mismo tiempo, eliminar barreras para los estudiantes y las familias al colocar terapeutas en los edificios del distrito. Los terapeutas escolares tratan afecciones de salud mental que pueden incluir depresión, ansiedad, trastorno de estrés postraumático, ADHD o problemas de uso de sustancias.

Los servicios se facturan a través del OHP y de la mayoría de los planes de seguro.

LifeStance Health atiende a todos los estudiantes de TTSD K-12 en dos ubicaciones:

- La escuela preparatoria Tigard
- La escuela primaria Byrom y la escuela preparatoria Tualatin

Para obtener más información, comuníquese con el consejero escolar de su estudiante, visite la <u>página web escolar de LifeStance</u> y complete el formulario de referencia, o llame a LifeStance al 971-808-3643.

#### Office email

If you need to make a change to your student's transportation or report an absence, please send an email to <a href="mailto:deercreekparent@ttsd.k12.or.us">deercreekparent@ttsd.k12.or.us</a>. The deercreekparent email account has been set up for emails only from parents/guardians and are easily seen for updates. Please do not use the deercreekoffice or dcoffice email address because information can get easily missed. Thank you for your help with this!

# TTSD Nov/Dec Lunch Menu

Reminder - school meals are no longer free unless you apply and qualify for free meals! Please apply for free meals through https://linqconnect.com/

If your student dines with us, their account will be charged, please set up an account with LINQ to add school meal funds through https://linqconnect.com

Prices	Monday	Tuesday	Wednesday	Thursday	Friday	DID YOU KNOW?
Elementary Lunch: \$4.00	6 Cheesy Breadsticks with Marinara Sauce	7 Chicken Alfredo Pasta <b>OR</b> Alfredo Pasta (no chicken)	8 Chicken & Cheese Nachos OR Cheese and Bean Nachos	9 No School	No School Veteran's Day	Our middle and high schools offer at least 4-6 options daily including made to order
Secondary Lunch: \$4.25 Adult Lunch: \$6.00	13 Classic Chicken Corndog <b>OR</b> Hummus Plate	14 Kids Mac and Cheese	Classic Hamburger on whole grain rich bun <b>OR</b> Toasted Cheese Sandwich	Breakfast for lunch! 16 Chicken & Waffles OR Waffles & 8az Yogurt	17 Favorite Pepperoni or Cheese Pizza WG	sandwiches, build your own nachos, and other fun foods. We are working on creating scratch- made, veggie filed, nutrifious homemade
Milk a la carte \$0.75 Fat free	20 Crispy Chicken Tenders <b>OR</b> Cheese Sandwich	21 Chicken, Gravy and Mashed Potatoes or Sunbutter Sandwich	No School	23 <b>No School</b> Thanksgiving	24 No School	recipes to NOURISH your students so they can learn best. We are always looking for new recipes, and hands to help in the
chocolate milk on Fridays only.  Add funds or apply for free	27 Turkey Hot Dog on Whole Grain Bun <b>OR</b> Hummus Plate	28 Shrimp Alfredo Pasta (whole grain rich)	29 Hand Rolled Chicken and Cheese Burrito OR Bean and Cheese Burrito	30 White Bean Chicken Chili with Combread <b>OR</b> Yogurt Parfait	Dec 1 Favorite Pepperoni or Cheese Pizza WG	kitchen. Please reach out to ttsdfoodservice@ttsd.k12.ar.us We can't wait to see your students in our cafeterias and build those healthy habits together. Here's to a new school year. Much love, Your food team at TTSD
meals: Engconnect.com WE ARE HIRING!	4 88Q Rib (Beef) on hoogie roll <b>OR</b> Cheese Sandwich	5 Orange Chicken with Chow Mein Noodles OR Chow Mein (no chicken)	6 Classic Hamburger on whole grain rich bun <b>OR</b> Toasted Cheese Sandwich	7 Baked & spice- rubbed Dover Sole on Brown Rice OR Yogurt Parfait	Pupusa dayl 8 Birria (beef) OR Bean & Cheese Pupusa	
WE NEED HELP IN THE KITCHENS.	Breakfast for Lunch!  11  Pancakes, 4az  yagurt, & string  cheese	Pasta with Meatballs OR Pasta with 2oz Cheese	Beef Teriyaki on Brown Rice <b>OR</b> Hummus Plate	14 Chicken & Cheese Nachos OR Cheese and Bean Nachos	15 Favorite Pepperoni or Cheese Pizza WG	

Menu is subject to change based on what we are able to obtain from our vendors. For our students with masterful taste buds and growing palettes, we may suggest sending your student a packed meal just in case they decide they do not want to eat the meal that day. You can always save your packed lunch for the following day if your student decides to dine with us! We are so sony for any menu change inconvenience and thank you for understanding. This Institution is an Equal Opportunity Provider.

## Is your student too sick for school?

Please take a moment to review Exclusion from School Guidance and disease-specific guidelines.

#### 2023 Health Services Plan and Resources

¿Está su estudiante demasiado enfermo para ir a la escuela?

Por favor, tómese un momento para revisar la Guía de Exclusión de la Escuela y las directrices específicas de enfermedades.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER "The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.			
Fever: temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.			
New cough illness	<ul> <li>Symptoms improving for 24 hours (no cough or cough is well-controlled).</li> </ul>			
New difficulty breathing	<ul> <li>Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed.</li> </ul>			
Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.			
Vomiting: one or more episode that is unexplained	*Symptom-free for 48 hours OR with orders from doctor to school nurse.			
Headache with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. Urgent medical care may be needed.			
Skin rash or open sores	*Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.			
Red eyes with colored drainage	*Symptom-free, which means redness and drainage are gone OR with orders from doctor to school nurse.			
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.			
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.			
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safety.			
ealth	OREC DEPORTS			

Plan de Servicios de Salud de 2023 y Recursos

#### Symptom-based Exclusion Chart 23-24.pdf

#### **Download**

158.7 KB



# **Tualatin School Based Health Center**

#### Centro de Salud Escolar

We're Open Tualatin SBHC.pdf

**Download** 

5.0 MB

#### **Caring Closet Needs**

Please see the flyers below for needed items requested by our district Caring Closet.



#### **Volunteer Information**

#### Volunteer process:

We are very fortunate to have wonderful community members and families who want to be part of our students' education by volunteering! With that comes the responsibility of making sure our schools and students are safe **at all times**.

Anyone seeking to be a volunteer for our schools and or buildings needs to be background checked and offered the vector training. If a community member and or parent wants to volunteer, they have to go through the <u>volunteer process</u> and be cleared before doing so.

#### Volunteers and after school events:

The volunteer process must be followed if the person will be interacting with our students. Whether the volunteering will take place during school or after school, the parent/community member must undergo the volunteer requirements as outlined on our website. This includes all school and or PTO/PSO sponsored events.

#### **Background checks:**

We are very busy with background checks for new hires and volunteers. Please get your volunteer applications submitted sooner than later so you are approved for activities throughout the year. Volunteer applications are good for 3 years, this includes the background check and the training.

Covid Vaccine Cards are no longer required!

# **Community Opportunities**

Below are flyers for extra curricular activities that are available for your kids. You can also click on this link to see all of the flyers on the district page.







Tigard Basketball Association

**Tigard Youth Wrestling** 



## **City of Tigard Parks & Rec - Activity Boxes**



## **Chess Wizards**

See the pdf below for full details.



## City of Tigard Parks & **Rec - Kids Night Out**





## 2023 Festive Fleece Fun Run



# 2023 Festive Fleece Fun Run

#### OR Deer Creek Fall 2023.pdf

**Download** 

2023 Snowman

**Scavenger Hunt** 

462.2 KB



#### **Deer Creek Elementary**

Email: deercreekparent@ttsd.k12.or.us Website: ttsdschools.org/deercreek

Location: 16155 Southwest 131st Avenue, Tigard, OR, USA

Phone: (503) 431-4450

Twitter: <a href="mailto:oDeerCreek\_Elem">oDeerCreek\_Elem</a>

